



CAMBRIDGESHIRE
CRICKET

CAMBRIDGESHIRE CRICKET BOARD
COUNTY AGE GROUP GIRLS PATHWAY

TALENT DEVELOPMENT FRAMEWORK





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CAG GIRLS PATHWAY

Our objective at Cambridgeshire Cricket is to create an environment that will help our players develop and reach their full potential, following the guiding principles as set out by the ECB in the Unleashing Potential Talent Development Framework.

Create groups of players that are resilient, strong, have a wealth of knowledge, but most of all enjoy the game.

Create a strong pool of players to progress through our pathway and on to County Women's 1st XI and regional programmes.



COUNTY AGE GROUP GIRLS PATHWAY



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NOMINATION PROCESS

Open Nominations for ALL



**CAMBRIDGESHIRE
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PARTICIPATION & DEVELOPMENT

U11-U13



**CAMBRIDGESHIRE
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DEVELOPMENT & PERFORMANCE

U15-U18



**CAMBRIDGESHIRE
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PERFORMANCE

Cambridgeshire Womens
Squad



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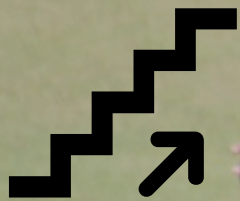
REGIONAL PROGRAMMES

Tier 1 or Tier 2 Counties

TALENT DEVELOPMENT ENVIRONMENTS



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**AGE & STAGE
SPECIFIC**

**COMBINATION
OF
CHALLENGE &
SUPPORT**



ENGAGING

**STIMULATING A
COMMITMENT
TO
IMPROVEMENT**



**FOUNDATION
FOCUSED**

**BUILDING
SKILLS FOR
LONG TERM
SUCCESS**



PROGRESSIVE

**INSPIRING
GROWTH AND
ADAPTABILITY**



SPECIFIC

**ALIGNING TO
REQUIREMENTS
OF FUTURE
PROFESSIONAL
CRICKETERS**

GIRLS CAG PATHWAY PRINCIPLES & PHASES OF DEVELOPMENT



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**DISCOVER
ENHANCE
PERFORM
REFINE**

PHASES

**LOVE
UNDERSTAND
CHANGE
OWN**

PRINCIPLES

**TECHNICAL
TACTICAL
PHYSICAL
MENTAL**

AREAS



GIRLS CAG PATHWAY PRINCIPLES & PHASES OF

DEVELOPMENT



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County age group programmes from U11-U18 fall under the 'discover' phase of development. Therefore, the principles of player development are love the game and understand the game.

What does the discover phase of development mean?

'This phase is about coaches enabling players to sample all the game has to offer. Ensuring the players understand and progress in the foundations of batting, bowling, wicket-keeping, fielding and the tactical nature of the game with an emphasis on enjoyment, positive and meaningful experiences. Fostering a lifelong love of the game is our key focus of this development phases'

***Taken from Unleashing Potential**

CAG GIRLS PATHWAY

WHAT DOES LOVE THE GAME MEAN?

'Experiencing the game through positive experiences and appropriate opportunity to create lifelong memories and engagement'



- Fun and challenging
- Time on task (access to player:coach contact time focusing on acquiring new skills, knowledge, values and attitudes)
 - Sharing and articulating: what the game offers you
- Time given to all facets of the game: physical, mental, technical, tactical, health and wellbeing
 - Develop becoming more physically and mentally robust

CAG GIRLS PATHWAY

WHAT DOES UNDERSTAND THE GAME MEAN?

'Players developing competence in their game and an increased awareness of the tactical requirements of the game.'



- **Competence in multiple disciplines**
- **Decision maker - Problem solver**
- **Giving and receiving feedback**
- **Watch the game - develop an understanding of the games requirements**

CAG GIRLS PRINCIPLES AND PHASES OF DEVELOPMENT



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- **INCLUSIVE SUMMER AND WINTER PROGRAMMES**

- **LARGER SQUADS ACCESSING MULTIPLE OPPORTUNITIES TO PARTICIPATE AND PROGRESS**

- **INTRA TDC/SQUAD AND INTER COUNTY MATCH PLAY MULTI-FORMATS, SMALL-SIDED GAMES, ADAPTED PLAYING CONDITIONS TO PROVIDE MEANINGFUL EXPERIENCES.**

- **INDIVIDUAL DEVELOPMENT AND COMPETITIVENESS OVER WINNING**

U11-U13

- **SUMMER AND WINTER PROGRAMMES**

- **SMALLER SQUADS**

- **MATCH PLAY OPPORTUNITIES & ECB NATIONAL COMPETITIONS BUT STILL DEVELOPMENTAL DRIVEN**

- **MEANINGFUL POSITIVE EXPERIENCES**

- **OPPORTUNITIES TO DEVELOP THEIR INDIVIDUAL GAME WITHIN A TEAM**

U15-U18

- **ECB T20 AND ONE DAY COMPETITIONS**

- **OPPORTUNITIES FOR U18'S SQUAD PLAYERS**

- **PERFORMANCE DRIVEN**

WOMENS

REGIONAL PATHWAY SELECTION PROCESS



01

**PATHWAY LEAD
& COACH
OBSERVATIONS
THROUGHOUT
PROGRAMMES**

02

**REGIONAL
SCOUTING
THROUGHOUT
THE SUMMER**

03

**REGIONAL
SMASH
INTERNAL
FIXTURES**

CAG GIRLS PATHWAY

SUMMER SELECTION



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U11-13

**PARTICIPATION &
DEVELOPMENT**

**Inter & Intra match
play opportunities**



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U15-U18

**HOLISTIC PLAYER
DEVELOPMENT ALLOWING
FOR PLAYER OPPORTUNITY
WHILST COMPETING IN
COMPETITION**

**Building a desire to win
games**



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Womens

**ECB COMPETITION
MATCHES: THE
STRONGEST SIDE
AVAILABLE**

**Utilising the U18's
squad**



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GIRLS U11

BATTING

- Effective batting technique - Grip, stance, backswing, bat path and weight transfer
- A technique that allows the player to be still at point of release
- Understand shot selection
- Ability to play straight bat shots off both front & back foot.
- Ability to play horizontal shots - sweep, pull, cut.
- Tactical awareness - backing up
- Can run effectively between the wickets

- Safe, repeatable bowling technique
- Forward momentum in run up and gather into the crease
- All aspects of their action going toward the target
- Able to bowl in consistent areas
- Understanding of field placings
- Basic understanding of bowling variations
- Has a hunger to take wickets

FAST BOWLING

SPIN

- Spins the ball
- Good alignment through the crease
- A run up that allows for good momentum & rhythm
- An action that allows them to get up & over their front leg
- Knowledge of field placings
- Good fielder off their own bowling
- Wants to build pressure & take wickets

WICKET-KEEPING

- Catches the ball consistently with a good catching technique
- Moves their feet well to get in good catching positions
- Balanced position at point of release
- Confident going to ground
- Has a genuine enjoyment for the skill of keeping
- Good concentration

PHYSICAL DEVELOPMENT

- Genuine enjoyment for the game
- Great work ethic
- Wants to be part of a team
- Understands physical fitness
- Dealing with mistakes - getting out, bowling wides, dropping catches

FIELDING

- Basic technique for stopping the ball.
- Sound throwing technique
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Solid understanding of match awareness (Backing up/fielding as a group)



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GIRLS U13

BATTING

- Scores runs consistently
- Ability to play off the front and back foot
- Ability to score both sides of the wicket - off and on
- Good technique to play pace/short ball
- Has clear game plans to defend & score against spin
- Has a technique to play in all formats of the game
- Rotates strike well
- Understand batting in partnerships

- Natural wicket taker
- Has the potential to bowl one or more variation

- Has the ability to move the ball through the air and/or off the pitch

- Can bowl with good control

- Good understanding of fast bowling plans

FAST BOWLING

SPIN

- Wicket taker
- Naturally spins the ball
- Has good control
- Good understanding of bowling plans
- Can adapt to bowl in all formats
- Show ability to bowl one or more variation

WICKET-KEEPING

- Catches the ball consistently with a good catching technique.
- Moves their feet well to get in good catching positions.
- Balanced position at point of release.
- Good understanding of positioning to a variety of bowlers.
 - Has a genuine enjoyment for the skill of keeping
- Good concentration

PHYSICAL DEVELOPMENT

- Genuine enjoyment for the game
- Great work ethic - always wants to learn more
- Wants to be part of a team
- Understands physical fitness and the impact it has on performance

FIELDING

- Basic technique for stopping the ball.
- Sound throwing technique
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Good concentration



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GIRLS U15

BATTING

- A technique that allows the player to be still at point of release
- Good judgement of line & length
- Confident against short pitched bowling
- Has a clear game plan against spin
- Rotates the strike well
- Shows the ability to score all around the wicket
- Execute finding space - over the top, using the crease, using the pace on the ball
- Good tactical awareness & the ability to adapt to different surfaces & situations
- Has the hunger to score runs and win games of cricket
- Can take on different roles when batting in partnerships

- Solid, repeatable bowling technique.
- All aspects of their action going toward the target
- Able to bowl in consistent areas.
- Has a number of variations to bowl – Slower balls, bouncers....
- Wants to bowl in tough situations
- Ability to adapt dependent on surface/situations
- Wants to build pressure.
- Can bowl in various formats

FAST BOWLING

SPIN

- Spins the ball
- Good alignment through the crease.
- A run up that allows for good momentum and rhythm.
- An action that allows them to get up & over their front leg.
- Good knowledge of field placings
- Wants to build pressure and take wickets.
- Shows the ability to adapt to conditions/scenarios

WICKET-KEEPING

- Moves their feet well to get in good catching positions.
- Balanced position at point of release.
- Good understanding of positioning to a variety of bowlers.
- Has a genuine enjoyment for the skill of keeping
- Good understanding of field placements & angles required for a variety of bowlers

PHYSICAL DEVELOPMENT

- Genuine enjoyment for the game
- Confident in their own ability
- Great work ethic
- Wants to be part of a team
- Leads from the front
- Solid understanding of personal goals

FIELDING

- Agile & athletic in the field
- Stops the ball cleanly
- Strong throwing technique from inner ring and outfield
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Clear understanding of match awareness
- Wants to impact the game with their fielding



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GIRLS U18

BATTING

- Strong batting technique
- A technique that allows the player to be still at point of release
- Good judgement of line & length
- Shows a clear plan against pace, attack and defence. Manipulates the ball, leaves the ball well, has a clear plan to play aggressive short pitched bowling
- Has a clear game plan against spin in both attack and defence. Can manipulate the ball whilst having a number of boundary options. Shows they are competent of defending against the spinning ball.
- Rotates the strike well
- Shows the ability to score all around the wicket - 360 degrees
- Good tactical awareness & the ability to adapt to different surfaces & situations
- Has the hunger to score big runs & win games of cricket

- Solid, repeatable bowling technique.
- Forward momentum in the run up and gather in to the crease
- All aspects of their action going toward the target
- Able to bowl in consistent areas.
- Solid understanding of field placings and game knowledge
- Has a number of variations to bowl – Slower balls, bouncers, cutters.....
- Wants to bowl in tough situations
- Ability to adapt dependent on surface/situations
- Builds pressure with volume of dot balls
- Can bowl in various formats
- Clear understanding of their bowling strengths

FAST BOWLING

SPIN

- Spins the ball
- Good alignment through the crease.
- A run up that allows for good momentum and rhythm.
- An action that allows them to get up and over their front leg.
- Good knowledge of field placings
- Good fielder off their own bowling
- Wants to build pressure and take wickets.
- Shows the ability to adapt to conditions/scenarios
- Can bowl variations with the same consistency as their stock ball

WICKET-KEEPING

- Catches the ball consistently with a good catching technique.
- Moves their feet well to get in good catching positions.
- Balanced position at point of release.
- Good understanding of positioning to a variety of bowlers.
- Has a genuine enjoyment for the skill of keeping
- Good understanding of field placements and angles required for a variety of bowlers
- Is a leader within the fielding unit
- Can stand up to the stumps to medium-fast bowling

PHYSICAL DEVELOPMENT

- Genuine enjoyment for the game
- Confident in their own ability
- Great work ethic
- Wants to be part of a team
- Leads from the front
- Understands physical fitness
- Understands their personal game
- Competitive

FIELDING

- Agile and athletic in the field
- Stops the ball cleanly
- Strong throwing technique from inner ring and outfield
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Clear understanding of match awareness
- Wants to impact the game with their fielding