

## CAMBRIDGESHIRE CRICKET BOYS' PATHWAY

#### COUNTY AGE GROUP PROGRAMME TALENT DEVELOPMENT FRAMEWORK 2024-25



# BOYS' PATHWAY



Our objective at Cambridgeshire Cricket is to create an environment that will help our players develop and reach their full potential through their pathway.



Create groups of players that are resilient, strong, have a wealth of knowledge, but most of all enjoy the game.



Create a strong pool of players to progress through our pathway and on to National Counties and First Class Cricket.



## TALENT DEVELOPMENT ENVIRONMENTS

AGE & STAGE SPECIFIC

ENGAGING

COMBINATION OF CHALLENGE & SUPPORT STIMULATING A COMMITMENT TO IMPROVEMENT FOUNDATION FOCUSED

BUILDING SKILLS FOR LONG TERM SUCCESS

INSPIRING GROWTH AND ADAPTABILITY

PROGRESSIVE

#### SPECIFIC

ALIGNING TO REQUIREMENTS OF FUTURE PROFESSIONAL CRICKETERS CRICKET BOYS' PATHWAY

CAMBRIDGESHIRE

The environment we create has a significant influence on our players' development. Our pathway is designed to target 5 key areas to aid their development.





#### **BOYS' PATHWAY**

Our pathway through the age groups is designed to show clear progression from participation and development to high performance. From U13, we look to build on our players' experiences on and off the field and look at improving their skills to develop performance.



#### **BOYS' PATHWAY**

Our development process moves through the age groups aiming to give our players and squads the tools to develop and evolve within Performance cricket.

## **BOYS'** DEVELOPMENT PROCESS

FUNDAMENTAL SKILL **DEVELOPMENT &** PARTICIPATION

**U10-U11** 

**SKILL & GAME** DEVELOPMENT **BUILDING FOR** PERFORMANCE CRICKET

DEVELOPING TECHNIQUE FOR DEVELOPING PERFORMANCE

**U12** 

**U13** 

#### CAMBRIDGESHIRE CRICKET

DEVELOPING UNDERSTANDING **OF PERSONAL** SKILLS & AN EDUCATION OF ΛΑΤCΗ/ΤΑCTICAL AWARENESS

**EVOLVING TECHNICAL &** TACTICAL AWARENESS WITHIN MATCH SCENARIOS & THE DEVELOPMENT OF SKILLS TO MAXIMISE **PERSONAL &** TEAM PERFORMANCE

#### **U14-U15 U16-U18**

# BOYS' PATHWAY



CAMBRIDGESHIRE

#### **U12-U13**

HOLISTIC PLAYER DEVELOPMENT ALLOWING FOR PLAYER OPPORTUNITY WHILST BUILDING A DESIRE TO WIN GAMES ECB MATCHES: THE STRONGEST SIDE AVAILABLE

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CAMBRIDGESHIRE

**U14-U18** 

FRIENDLIES: SQUAD





CAMBRIDGESHIRE CRICKET

# CAMBRIDGESHIRE CRICKET EXPECTATIONS

FULL COMMITMENT TO THE PROGRAMME & YOUR DEVELOPMENT

WILLING TO LEARN

RESPECT

**BECOME ROLE MODELS FOR YOUR TEAMMATES** 

**BE OPEN MINDED** 

#### CAMBRIDGESHIRE CRICKET



# TALENT DEVELOPMENT FRAMEWORK



#### U12 & 13 BATTING

• Strong batting technique • A technique that allows player to be still at point of release

- Grip, stance, backswing & level
- Good judgement on shot selection
- Ability to play straight bat shots off both front & back foot.
- Has an ability to play spin effectively
- Good tactical awareness has the hunger to score runs
- Rotates the strike well
- Wins games

 Solid, repeatable bowling technique. • Forward momentum in run up and gather into the crease • All aspects of their action going toward the target Able to bowl in consistent areas. Sound understanding of field placings. Basic understanding of bowling variations • Has a hunger to take wickets

#### SPI

- Spins the ball
- Good alignment through the crease.
- A run up that allows for good momentum & rhythm.
- An action that allows them to get up & over their front leg.
- Good knowledge of field placings
- Good fielder off their own bowling • Wants to build pressure & take

- release.
- CAG team
- the skill of keeping
- Good concentration

#### PHYSICAL DEVELOPMENT

- Great work ethic

wickets.

- Understands physical fitness

- Basic technique for stopping the ball.
- Sound throwing technique
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Solid understanding of match awareness
- (Backing up/fielding as a group)

### FAST BOWLING

#### WICKET-KEEPING

• Catches the ball consistently with a good catching technique. • Moves their feet well to get in good catching positions. • Balanced position at point of

Scores valuable runs for their

• Has a genuine enjoyment for

FIELDING



#### **BOYS' PATHWAY**

#### **TALENT DEVELOPMENT FRAMEWORK U12-U13**



#### **BOYS' PATHWAY**

#### TALENT DEVELOPMENT **FRAMEWORK U14-U15**



U14 & 15 BATTING

- A technique that allows player to be still at point of release
- Good judgement of line & length
- Confident against short pitched bowling
- Has a clear game plan against spin
- Rotates the strike well
- Shows the ability to score all around the wicket
- Good tactical awareness & the
- ability to adapt to different
- surfaces & situations
- Has the hunger to score runs and win games of cricket

- Solid, repeatable bowling technique.
- All aspects of their action going toward the target
- Able to bowl in consistent areas.
- Has a number of variations to bowl Slower balls, bouncers....
- Wants to bowl in tough situations
- Ability to adapt dependent on surface/situations Wants to build pressure.
- Can bowl in various formats
- Spins the ball
- Good alignment through the crease.
- A run up that allows for good momentum and rhythm.
- An action that allows them to get up & over their front leg.
- Good knowledge of field placings
- Wants to build pressure and take
- wickets.
- Shows the ability to adapt to conditions/scenarios

#### PHYSICAL DEVELOPMENT

- Genuine enjoyment for the game
- Great work ethic
- Leads from the front
- Understands physical fitness

## FAST BOWLING

#### SPIN

#### WICKET-KEEPING

 Moves their feet well to get in good catching positions. Balanced position at point of release. Good understanding of positioning to a variety of bowlers. Has the ability to bat in the top 6 for their CAG team Has a genuine enjoyment for the skill of keeping Good understanding of field placements & angles required for a variety of bowlers

FIELDING

- Agile & athletic in the field
- Stops the ball cleanly
- Strong throwing technique from inner ring and outfield
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Clear understanding of match awareness
- Wants to impact the game with their fielding

# **U16 & U18**

#### BATTING

- Strong batting technique
- A technique that allows player to be still at point of release
- Good judgement of line & length
- Shows a clear plan against pace, Attack & defence. Manipulates the ball, leaves the ball well, has a clear plan to play aggressive short pitched bowling
- Has a clear game plan against spin in both attack and defence. Can manipulate the ball whilst having a number of boundary options. Shows they are competent of defending against the spinning ball.
- Rotates the strike well
- Shows the ability to score all around the wicket
- Good tactical awareness & the ability to adapt to different surfaces & situations
- Has the hunger to score big runs & win games of cricket

- Solid, repeatable bowling technique.
- Forward momentum in his run up and gather in to the crease
- All aspects of their action going toward the target
- Able to bowl in consistent areas.
- Solid understanding of field placings and game knowledge
- Has a number of variations to bowl Slower balls, bouncers, cutters.....
- Wants to bowl in tough situations
- Ability to adapt dependent on surface/situations
- Builds pressure with volume of dot balls
- Can bowl in various formats
- Clear understanding of their bowling strengths



- catching technique. Moves their feet well to get in good catching positions. variety of bowlers.
- Has the ability to bat in the top 6 keeping
- Is a leader within the fielding unit fast bowling

#### • Spins the ball

- Good alignment through the crease.
- A run up that allows for good momentum and rhythm.
- An action that allows them to get up and over their front leg.
- Good knowledge of field placings
- Good fielder off their own bowling
- Wants to build pressure and take wickets.
- Shows the ability to adapt to
- conditions/scenarios
- Can bowl variations with the same consistency as their stock ball

#### PHYSICAL DEVELOPMENT

- Great work ethic

- Understands their personal game

- Agile and athletic in the field
- Stops the ball cleanly
- Strong throwing technique from inner ring and outfield
- Good catching technique
- Covers the ground well & attacks the ball
- Enjoys fielding in various positions
- Clear understanding of match awareness
- Wants to impact the game with their fielding

### FAST **BOWLING**

#### WICKET-KEEPING

Catches the ball consistently with a good

 Balanced position at point of release. Good understanding of positioning to a

Has a genuine enjoyment for the skill of

 Good understanding of field placements and angles required for a variety of bowlers Can stand up to the stumps to medium-

#### FIELDING



#### CAMBRIDGESHIRE CRICKET

#### **BOYS' PATHWAY**

#### **TALENT DEVELOPMENT FRAMEWORK U16-U18**



# TALENT DEVELOPMENT FRAMEWORK