



## CYC BOYS' PATHWAY



Our objective at Cambridgeshire Cricket is to create an environment that will help our players develop and reach their full potential through their pathway.



Create groups of players that are resilient, strong, have a wealth of knowledge, but most of all enjoy the game.



Create a strong pool of players to progress through our pathway and on to National Counties and First Class Cricket.

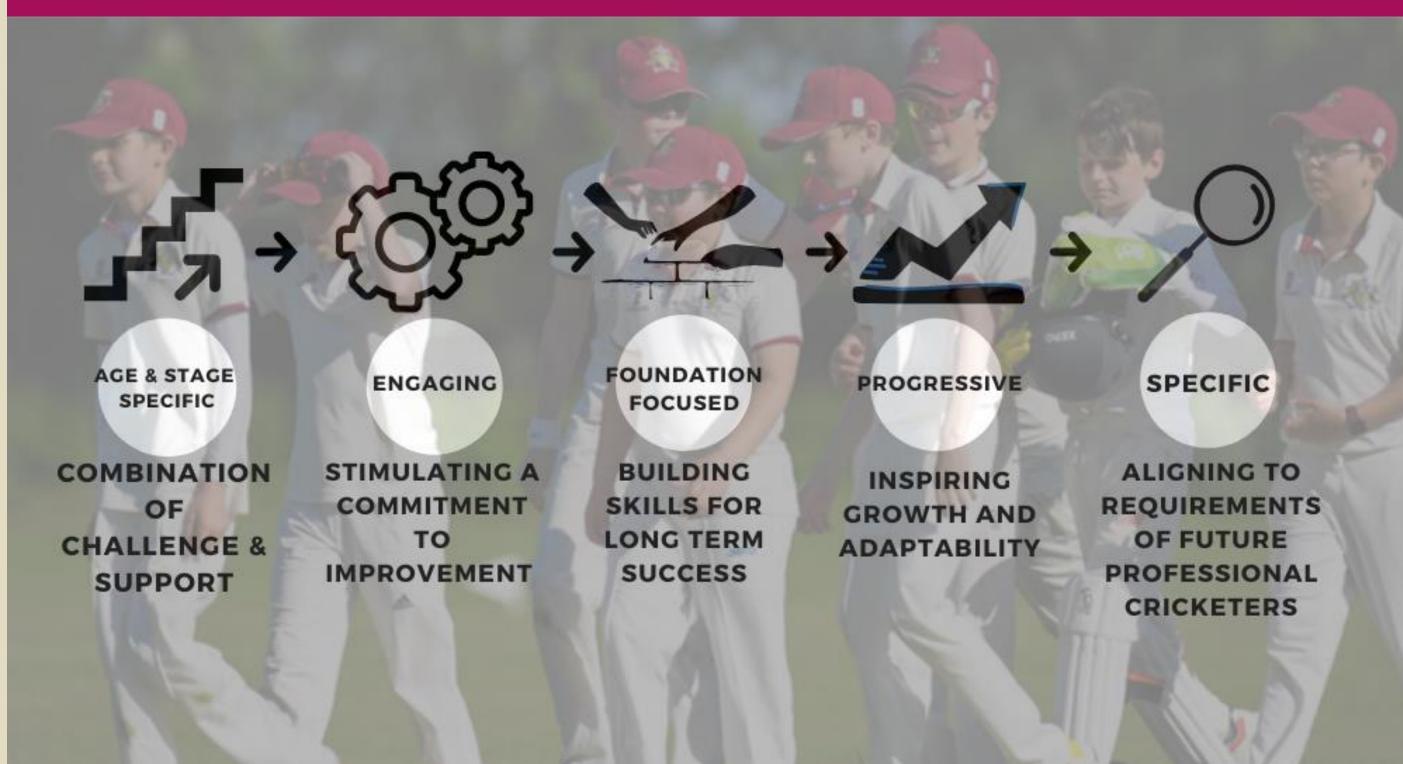


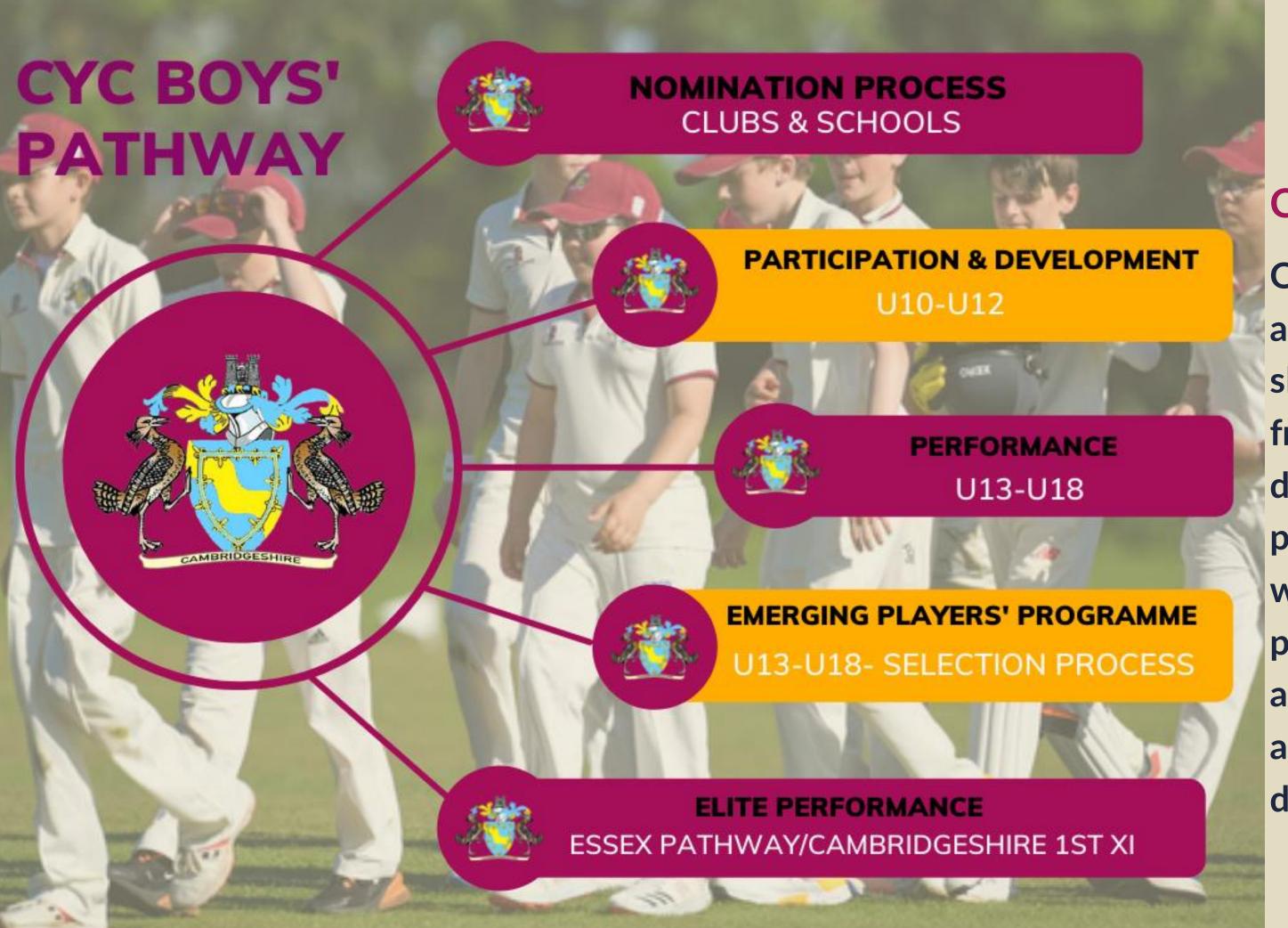
## CYC BOYS' PATHWAY

The environment we create has a significant influence on our players' development. Our pathway is designed to target 5 key areas to aid their development.

### Talent Development Environments









#### **CYC BOYS' PATHWAY**

Our pathway through the age groups is designed to show clear progression from participation and development to high performance. From U13, we look to build on our players' experiences on and off the field and look at improving their skills to develop performance.



### EPP BOYS' PATHWAY

The EPP Boys programme is open to our age groups from U13-U18. We use multiple ways to ensure all of our players are observed by the right people during the course of their time with us at CYC. **Observations through winter** sessions and summer competition phases by our own coaches and the Essex CCC scouting team allow us to determine the selection of right players for this programme

## EPP HOLISTIC LEARNING ENVIRONMENT



WEEKLY
INDIVIDUAL
SKILLS SESSIONS



WEEKLY
STRENGTH &
CONDITIONING
SESSIONS



PHYSIO,
MENTORING,
PSYCHOLOGICAL
& NUTRITIONAL
SUPPORT



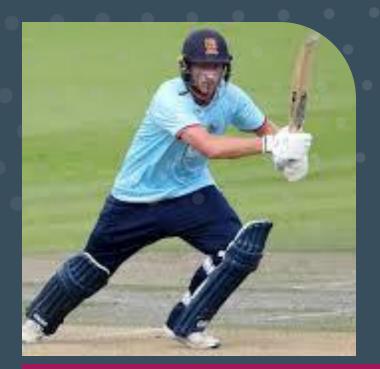
ACCESS TO
ELITE
COACHES
FROM CYC &
ESSEX CCC







# TALENT FRAMEWORK CAMBRIDGESHIRE EPP



#### **BATTING**

- Scores runs consistently
- Has the ability to score big runs
- Wins matches
- Strong technique to play pace/short ball
- Has clear game plans to defend & score against spin
- Can adapt to play in all formats



#### **FAST BOWLING**

- Natural wicket taker
- Has potential to bowl quick
- Good control
- Has the ability to move the ball through the air and off the pitch
- Has the potential to bowl in all 3 formats
- Good understanding of fast bowling plans



#### **SPIN BOWLING**

- Wicket taker
- Naturally spins the ball
- Has good control
- Good understanding of bowling plans
- Can adapt to bowl in all formats
  - Has good variations (Pace, Googly,Doosra)



# TALENT FRAMEWORK CAMBRIDGESHIRE EPP



#### **WICKET KEEPING**

- Creates a positive atmosphere within the fielding group
- Athletic & Agile
- Catches the ball cleanly
- Good concentration



#### **FIELDING**

- Athletic & Agile
- Good hands
- Has a strong throwing technique
- Good awareness



#### **PHYSICAL**

- ATHLETIC Strong,Agile, Fast
- ENDURANCE
- NUTRITION- good knowledge of how to fuel their performance
- PERSONAL
   RESPONSIBILITY –
   personally looking after
   themselves during
   performance & injury

# PERSONAL DEVELOPMENT

The Emerging Players Programme is not just about how good the players technical and physical attributes are. We are looking for players that have a holistic approach to their cricket

- Beginning to understand his game and wants to continue his learning.
- Positive role model for Cambridgeshire Cricket.
- Good communication.
- Good organisation.
- Plays a variety of other sports to help his athletic development.



### CYC EPP EXPECTATIONS

FULL COMMITMENT TO THE PROGRAMME & YOUR DEVELOPMENT

WILLING TO LEARN

**RESPECT** 

BECOME ROLE MODELS FOR YOUR TEAM MATES

BE OPEN MINDED

